

August 5, 2017

Hello Central Interior, Cariboo, and Chilcotin Residents,

Due to the BC wildfires, the CIRD (Central Interior Rural Division of Family Practice) would like to provide an update on the status of the medical clinics in Williams Lake, 100 Mile House, Tatla Lake and for the rural health centers in the region. I have also included the pharmacies information. It is important to note that the current status of these businesses could change at any time and we encourage you to contact them for more information:

WILLIAMS LAKE CLINICS:

Atwood Medical Clinic 250-398-5162

- Monday - Friday | 8:30 am – 12 pm

Cameron Medical Clinic 250-305-1102

- Monday – Friday | 8:30 am – 4 pm | Closed 12 pm – 1 pm

Cariboo Medical Clinic 250-392-7221

- Monday – Friday | 8:50 am – 3:30 pm | Closed 11:50 am – 12:50 pm

Cariboo Chiropractic and Medical Centre 250-392-7717

- Monday - Friday | 8:30 am – 5 pm

Child Development Centre (Dr. McKay, Dr. Peimer, Dr. Burkey) 250-392-4481

- Dr. McKay is available Mon – Thursday | 9 am – 3 pm | Friday 9 am – 12 pm.
- Dr. Peimer is available on August 4th, 11th, 18th. Dr. Peimer is available through the ER for any adult, child, and youth psychiatric emergency
- Dr. Burkey is not available until August 10th.

Comer Medical Clinic 250-398-8499

- Monday, Tuesday, Wednesday and Friday | 9 am – 4 pm | Closed 12 pm – 1 pm.
- Thursday 9 am – 12 pm.

Dr. Steyl's Medical Clinic 778-799-2141

- Monday - Friday | 8 am – 3 pm | Closed 12 pm – 1 pm.

Yorston Medical Clinic 250-398-8102

- Monday – Friday | 8:30 am - 4:15 pm | Closed 12 pm – 1 pm.

Cariboo Memorial Hospital 250-392-4411

- The ER, Radiology, and Lab are open. No in-patients at this time.
- Dialysis is closed.
- Obstetrics and Specialists office are booking appointments.
- Ambulatory Care is open Mon – Fri | 8 am to 4 pm
- Public Health and Mental Health are open regular hours

Central Interior Rural Division of Family Practice (CIRD)
Box 1038
150 Mile House, BC V0K 2G0

Phone: 250-296-4432

Fax: 250-296-4426

<https://www.divisionsbc.ca/cird>

Williams Lake District Health Centre at TRU 250-392-8033

- Open Monday – Friday | 8:30 am - 4:30 pm
- There is no administration staff to answer the phone, so please leave a message.

Cornerstone Clinic 250-398-7745

- Monday – Thursday | 1 pm – 3 pm

100 MILE HOUSE CLINICS

Exeter Medical Clinic 250-395-2271

- Monday – Thursday | 9 am – 4:30 pm

Cariboo Mall Clinic 250-395-4010

- Monday – Friday | 9 am – 4 pm

Village Medical Clinic 250-395-3001

- Monday – Friday | 9 am – 5 pm
- Please phone the office to see if the clinic is open on Saturday.

100 Mile District General Hospital 250-395-7600

- All services are restored.

RURAL HEALTH CENTRES:

Anahim Lake Nursing Station 250-742-3305

- Monday – Friday | 8:30 am - 5:00 pm, with three nurses available.

Alexis Creek Outpost/Health Centre 250-394-5179

- Monday – Friday | 8:30 am – 4:30 pm, with one nurse on call after hours and on the weekends. Tristan Pratt, Family Nurse Practitioner, is holding a clinic on Thursdays in Alexis Creek and providing clinics in other communities (Anaham, Toosey) as required. Tristan will be opening the clinic in Anaham over the August long-weekend.

Esk'etemc Health (Alkali Lake) 250-440-5651

- Open regular hours, with two nurses available.

Three Corners Health Centre 250-398-9814

- Monday – Friday | 8:30 am – 4:30 pm | Closed 12 pm – 1 pm

Tl'esqox-t'in (Toosey Indian Band) 250-659-5655

- Monday - Friday 8 am – 4 pm.

Tl'etinqox-T'in Health Services (Anaham Reserve Alexis Creek, BC V0L 1A0) 250-394-4240

- Two nurses available 8:30 am – 4:30 pm
- Please contact the office for more information.

Central Interior Rural Division of Family Practice (CIRD)
Box 1038
150 Mile House, BC V0K 2G0

Phone: 250-296-4432

Fax: 250-296-4426

<https://www.divisionsbc.ca/cird>

Tsi Del Del (Alexis Creek / Red Stone) 250-476-1114

- Monday – Friday | 8:30 am – 4:30 pm
- No nurse available until August 20th, 2017.

West Chilcotin Healthcare Centre (Tatla Lake) 250-476-1114

- Monday – Friday | 8:30 am – 4:30 pm
- One nurse on call after hours and weekends.

White Feather Health Centre 250-397-2717

- Monday – Friday | 8:30 PM – 4:30 PM

Xat'sull Health Station (Soda Creek) 250-989-2323

- NO SERVICES AVAILABLE DUE TO EVACUATION.

Xeni Gwet'in (Nemiah Valley) Health Centre 250-394-7020

- Monday – Thursday | 8 am to 5 pm, with one nurse available.

PHARMACIES – Williams Lake:

Kornak and Hamm's Pharmacy 250-398-8177

- Monday - Friday 9 am to 5:30 pm | Saturday 9:30 am to 1:30 pm

Safeway 250-398-6851

- 9 am - 7 pm

Save on Foods 250-392-7225

- Regular hours.

Shoppers Drug Mart 250-392-3333

- Monday to Friday 10 am – 6 pm | Saturday 10 am – 6 pm.

Walmart 250-305-6868

- Closed, if you phone you will be transferred to the Prince George Pharmacy.

Wholesale Club 250-305-2150

- 10 am to 6 pm.

PHARMACIES – 100 Mile House:

Donnex Pharmacy

- Monday – Saturday | 9 am – 5:30 pm | Friday 9 am – 6 pm

Save on Foods

- Monday – Friday | 9 am – 8 pm | Saturday 9 am – 6 pm | Sunday 9 am – 5 pm

EMERGENCY NUMBERS

- Wildfire Information 1-888-336-7378
- Highway Closures 1-800-550-4997
- BC Hydro 1-800-224-9376
- Interior Health 1-877-442-200
- Red Cross On Line Evacuation 1-800-863-6582
- Mental health Crisis Line 250-398-8220
- Nurse Line 811
- Emergency 911

WILDFIRE LINKS:

Cariboo Regional District

<http://www.cariboord.ca/services/emergency-and-protective-services/emergency-operations-centre-eoc>

City of Williams Lake

<http://www.williamslake.ca/>

Drive BC

<http://www.drivebc.ca/#listView&xtg=Events%20Badge>

The status of the Williams Lake, 100 Mile House, Tatla Lake, rural health clinics, and pharmacies could change from day to day, so please phone them for the most up-to-date information.

Please stay safe,

Shilo Labelle

Administrative Assistant

Central Interior Rural Division of Family Practice